



Women's Vision Fast

Silvia Talavera and Cynthia Morrow

Nov 7th, 2017 - Nov 18th, 2017

Death Valley, CA

Tuition: \$850 - \$1400

Deposit: \$250 (Non-refundable & non-transferrable unless seminar is cancelled)

Contact: silvia@lostborders.org



"I see the Feminine defined as a reconnection to the Self, a commitment to the wildness within our instincts, our capacity to create and destroy; our hunger for connection as well as sovereignty, interdependence and independence, at once."

– Terry Tempest Williams

One of a woman's deepest longing is to be seen in her most natural, wild, and authentic self. Innately, she is stirred by an inner wisdom to reconnect to the sacredness embodied in nature, moved by a stirring desire to leave the safety of her personal and familiar borders as she travels her unique path. Perhaps the intensity of her yearning guides her to a hidden place where she discovers ways to break the chains of self-judgment that have held her back for so long, bringing her full circle to her true Self through the age-old practice of rites of passage.

She goes out alone, with an empty belly and bare essentials, into the expansive wilderness, for four days and four nights. There she will live in perfect solitude where she can clear away the distractions of her busy life and tune her ears to the voices of nature around her and to her own inner nature; the truth of her being.

Perhaps you are one of the many women who have been called to this ceremony. Perhaps it is time to move deeper into the questions: *What is being asked of you? How do you begin to recognize the myth that guides your life? What is drawing you toward the threshold?* This ceremony involves several days of preparation, 4 days and nights of fasting alone in a wilderness place, and a few days of incorporation.

Silvia Talavera has been a guide with The School of Lost Borders since 1993. She is a woman of versatility, passion, and humor, inspiring people towards self-empowerment. She brings to her work a nurturing insight, a deep compassion, a love of nature and teaches from the experience of a full life. Silvia is committed to supporting people in transitions using nature based teachings in a wilderness setting as well as midwifing those who are in their final stage of life through Hospice. Silvia is a mother, grandmother, elder and mentor and continues to work as a hospice nurse and Reiki Master.

Cynthia Morrow is a wilderness rites of passage guide, a seasoned psychotherapist of 20 years, and a biodynamic craniosacral practitioner. Her work is devoted to the awakening of our own wild and interconnected nature for deep healing, inner strength, and whole-heartedness. She is a Dharma practitioner in the Japanese Tendai tradition, an ancient spiritual lineage from the bloodline of her Motherland. For 10 years she has been guiding earth-based programs through EarthWays LLC (www.earthwaysllc.com) in Sebastopol, CA. She is a Wilderness First Responder, and a lover of yoga, hiking, cooking, and laughing with friends. Her website is: www.natureofsoul.com.