

EarthWays presents...



Ecopsychology Experiential Training: *Initiation and Soul-Making in the Wilderness*

Saturday, March 31st, 9am-5pm

Ocean Song Wilderness & Farm

Cynthia Morrow MFT & Vanessa Eyen MFTI

6 CEUs available for MFTs and LCSWs

(Provider #2738)

\$90 (partial scholarships available)

*...you had to go out in the world and make it your own
so you could come back with
that flame in your voice, saying listen...
this warmth, this unbearable light, this fearful love...
It is all here, it is all here.*

- David Whyte

For thousands of years, earth-based initiation practices have been cultivated as vital elements in the nourishment and survival of the human community. Initiated men and women, who have aligned their hearts and souls with the Great Mother, bring to their people gifts of wisdom, love, perseverance, and a profound honoring of nature and spirit. Today, we see the devastating effects—personally and collectively—from the forgetting of our wild, deep, roots. In this day-long exploration, we will gather together upon the earth for the remembering and the making of soul.

In our small group format, we will discuss initiation, rites of passage, and the medicine wheel teachings of the Four Shields of Human Nature. You will have significant solo time upon the land to experientially explore these themes with a focused, personal intent. We will gather again in council to hear your stories and to practice ‘mirroring’, as a way to deepen and empower your unique relationships with the wild medicine gifts from nature. We will allow time to discuss how you might creatively apply these practices to your own life and work.

Cynthia Morrow, MA, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic cranio-sacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address is www.natureofsoul.com. Cynthia can be reached at 415-221-6373, or cynthia@earthways.info for information and registration.

Vanessa Eyen, MA, LPCCI, is the founder of the Center for Nature-Based Mentoring and serves as a mentor to connect people of all ages to the beauty and healing reflections of the natural world. She is the Personal Sustainability teacher at Credo Waldorf High School, a counselor at Summerfield Waldorf School and is the co-founder and a board member of Earth Camp. She is a certified Yoga instructor, Wilderness First Aid Responder, and trained as a wilderness guide with the organizations; Outward Bound, Rites of Passage and Wilderness Reflections. Vanessa can be reached at: 707-888-3239 vanessa@earthways.info for information and registration.