

*EarthWays presents:*

## **Mojave Wilderness Vision Fast**

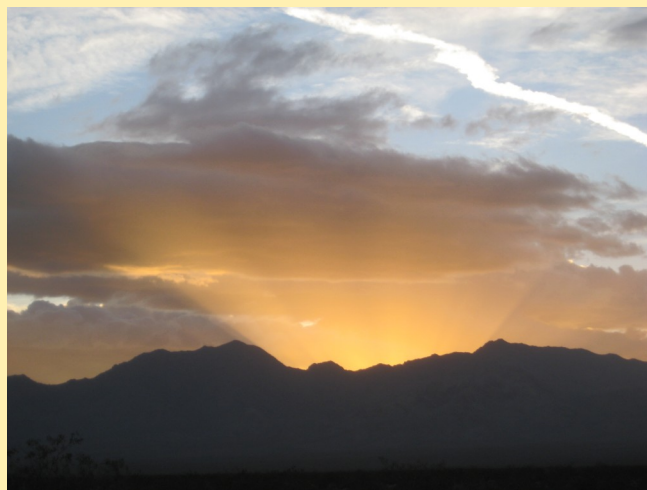
**Awakening the Inner Fire**

**Cynthia Morrow and Roy Remer**

**May 9 – 19, 2012**

**I want to know  
if you know  
how to melt  
into that fierce heat of living  
falling toward the center  
of your longing.**

**-David Whyte**



Since time immemorial, men and women have walked out into the wilderness to pray for vision and guidance. This time alone in the wild awakens the spark of inner knowing, providing sustenance for self and community. Spring, with its mysterious fire, brings the gift of life and regeneration. It is an ideal time to listen deeply for what needs to die and for what is aching to be born. The invitation of the Vision Fast is to carry an open heart, an empty belly and only the most essential gear. Find a dwelling place among the rocks, sun, stars, and wind for four solitary days and nights. It is an opportunity to peer into your deepest nature, cultivate intent, and consider your relationships with loved ones and wider community. The wild landscape will mirror to you truths about your passions, grief, longing, and gifts. Come join us, step into a life of great heart and meaning — it is yours — it awaits you.

**Severance:** *The eleven-day mixed gender ceremony involves four days of preparation, four days and nights of fasting alone in a wilderness place, and three days of incorporation (elder's circle). You will be prepared to physically, psychologically, mentally, and spiritually benefit from the experience of fasting alone in the wilderness with support from your guides. You will be offered an ancient process of looking into the mirror of nature in the form of the Four Shields teaching. Preparation will also include the study of symbols, archetypes and ways common to vision fasts and rites of passage the world over.*

**Threshold:** *The time of fasting and solitude will take place in Caruthers Canyon within the Mojave National Preserve. Your guides will maintain a safe perimeter around the area while you are alone and make sure you have sufficient water. Another person will fast nearby. The two of you will be "buddies," each day leaving assurance of your well-being at a stone pile erected along the borders of your respective areas.*

***Incorporation:*** *You will return to the circle of fasters, a communal meal, and the comfort of base camp. In the council of elders you will confirm the attainment of a new maturity. With the others, you will tell your story in your unique form of expression. The elders will listen, help you to understand, and challenge you to give your vision practical feet -- to live the life you have earned. When all the stories have been told, we will celebrate together with ceremony, feasting and revelry, and then return to a life lived with new understanding.*

While some camping/backpacking experience is helpful, no prior experience in wilderness rites of passage is necessary. Mojave National Preserve is 1.6 million acres of primitive landscape 60 miles southwest of Las Vegas, 140 miles northeast of Los Angeles and 413 miles south of San Francisco. Our base camp elevation will be 5500 ft. and mid-May temperatures will range from middle 50s at night to upper 70s during the day.

**Mojave National Preserve, Southern California**

**May 9th—19th, 2012**

**\$950. (partial scholarships available)**

**A non-refundable \$200 deposit is required by May 2nd.**  
*A payment schedule may be arranged by prior agreement.*

**For more information and registration, please contact either**

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**go to [www.earthways.info](http://www.earthways.info) for more information**

**32 CEUs available for LMFTs and LCSWs (Provider #2738)**

**Cynthia Morrow**, MA, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address is [www.natureofsoul.com](http://www.natureofsoul.com).

**Roy Remer** is the volunteer manager/facility manager at Zen Hospice Project in San Francisco. He has served as a hospice caregiver for over 14 years. In 2008 he completed the Metta Institute's year long End-of-Life Caregiver Training. Roy has trained with the School of Lost Borders and leads wisdom circle and solo walk programs in nature.

