

Clear Desert Mirror

A Contemplative Retreat in the Wild

Roy Remer and Cynthia Morrow



June 4th—June 10th, 2018
Mojave National Preserve

\$700 (scholarships available—please inquire)
non-refundable \$200 deposit required by May 14th
www.earthwaysllc.com

*The desert is a place of passage, of wandering,
or even of exile where love is accompanied by
the anguish rooted in our ultimate incompleteness,
which, however, reveals our true nature.*
-Fabrice Blee

We invite you to join us in June 2018 for a seven-day retreat in a remote high desert canyon—a uniquely beautiful jewel of the Mojave National Preserve. We will establish our camp amidst the family of Pinon, Juniper, Oak, rabbit, deer, hummingbird and snake. Seekers across time and tradition have sought refuge in wild places, where great joy and great suffering can bring us to our deepest truths.

During this program you will be guided and supported to quiet the mind and cultivate a sense of stillness and spaciousness. Together, we will drop into deep relationship to our most authentic selves, one another, and the wild landscape around us and within us. Unplugged from the demands of routine and familiar surroundings, Clear Desert Mirror will support restorative contemplation and inspire transformation, for the benefit of all beings.

Each day will include several periods of silent meditation, teachings to help us open to our innate wisdom and compassion, time on the land, and time to share in council. There will be a 24 hour solo with optional fasting. Camping experience is useful, but not a prerequisite. This program is open to all people of all spiritual and religious traditions.

Cynthia Morrow MFT is a wilderness rites of passage guide, a seasoned psychotherapist for 20+ years, and biodynamic craniosacral practitioner. She is a dedicated Dharma practitioner of the Japanese Tendai tradition. Her work is devoted to the awakening of our own wild and interconnected nature for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is a certified Wilderness First Responder. Her web address: www.natureofsoul.com. cynthia@earthwaysllc.com

Roy Remer is the Director of Education and Training at Zen Hospice Project in San Francisco. He has served as a hospice caregiver for over 19 years. In 2008 he completed the Metta Institute's year long End-of-Life Caregiver Training. Roy is a practitioner in the Soto Zen tradition at the San Francisco Zen Center. An avid climber and backpacker, Roy has trained with the School of Lost Borders and is certified in Wilderness First Aid. His passion is supporting people through all of life's major transitions. roy@earthwaysllc.com