

EarthWays LLC presents:

Elementals of Living & Dying Series:

Bowing at Earth's Altar

Cynthia Morrow & Roy Remer

Saturday, November 9, 2013

9am-5pm

Ocean Song, Sonoma County

\$100 (partial scholarships available)

6 CEUs for LMFTs & LCSWs (#PCE5400)

www.earthways.info



*"...To let your body love this world that gave itself to your care in all of its ripeness,
with ease, and will take itself from you in equal ripeness and ease, is also harvest..."*

—Jane Hirschfield, Ripeness

Our journey continues around the wheel of living and dying with fall, a day-long devoted to exploring the metamorphosis of psyche. We will deepen our relationship with the element of earth, that which continually changes. With the earth as our mirror, we practice releasing old forms and relational bonds, in service to the healing of our connections with self and other. Held close by the dark edges of the shortened days, you will be invited to participate in a *Death Lodge* ceremony, an opportunity to make whole the relationships which sustain and define us. Supported by ritual and a council of peers, we begin a process of letting go. We move from *Innocence* into *Acceptance*, the ego's stance of peace with the impermanence of all things. This path of transformation yields deep compassion, with soul gifts for the nourishment of all beings. This is the second gathering in our year-long program, which can be taken individually or as a series.

Cynthia Morrow, MA, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address: www.natureofsoul.com. Contact: cynthia@earthways.info

Roy Remer is the volunteer manager/facility manager at Zen Hospice Project in San Francisco. He has served as a hospice caregiver for over 15 years. In 2008 he completed the Metta Institute's year long End-of-Life Caregiver Training. Roy is dedicated to supporting persons through all life's major transitions. He has trained with the School of Lost Borders and is certified in Wilderness First Aid. Contact: roy@earthways.info