

EarthWays presents...

A Wilderness Vision Fast for Women of All Ages: To Midwife the Soul from Death to ReBirth



*But little by little,
as you left their voices behind,
the stars began to burn
through the sheets of clouds,
and there was a new voice
which you slowly
recognized as your own...
-Mary Oliver*

Across cultures, it is an ancient form of spiritual practice for a woman to walk out into the wild alone and empty to find herself. This Wilderness Vision Fast is a Rite of Passage for all women of all ages with a transition to mark and a story to tell. Guided and supported by loving community who prayerfully holds your intent, you set out alone upon the earth for 4 days and 4 nights. You wrestle with a world of shadows, with what needs to die, and you become the midwife to your own rebirth. This is a timeless enactment understood in your blood, calling you to re-member your place in the ancient family—cedar, rock, oak, lizard, moon, raven, stars. Held and tested by the benevolent and wrathful Great Mother, you become strong and you find your gifts, soul gifts for the nourishment of you and your people. Returning to base camp, your story is shared in our council of women and the claiming of your intent is deeply witnessed and confirmed by your guides. In our preparatory meeting, you will be thoroughly prepared to live in the wilderness: physically, psychologically, practically, and ceremonially. No prior experience is necessary.

- WHERE:** Yolla Bolly Wilderness, Northern California
WHEN: June 8th– 18th, 2011
Prep. Meeting Saturday, May 14th 9am – 3pm in Sonoma County
COST: \$950. (partial scholarships available)
A non-refundable \$200 deposit is required by May 7th.
A payment schedule may be arranged by prior agreement.
REGISTER: For more information and registration, please contact either
♦ Cynthia (415)221-6373 cynthia@earthways.info or
♦ Sara (707)824-8230 sara@earthways.info or
♦ go to www.earthways.info for more information
CEUs: 32 CEUs available for LMFTs and LCSWs (Provider #2738)

Sara Harris, MFT, has been a psychotherapist for many years. Two of her specialties are Cardiac Psychology and Ecopsychology. She is a passionate apprentice to the Mystery of life as it expresses through poetry & language, our living earth, and the wild, sacred revelations of the body, heart and soul. She is on the Board of the School of Lost Borders, and is certified in Wilderness First Aid. Her website is www.heartmatters-sebastopol.com.

Cynthia Morrow, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained with the School of Lost Borders and is certified in Wilderness First Aid. Her web address is www.natureofsoul.com.