

## *EarthWays presents...*



### **Ecopsychology Experiential Training: *Initiation and Soul-Making in the Wilderness***

Sunday, May 2<sup>nd</sup>, 9am-5pm

Fairfield Osborn Preserve, Sonoma County

Cynthia Morrow & Vanessa Eyen

6 CEUs available for MFTs and LCSWs

(Provider #2738)

\$90 (partial scholarships available)

*...you had to go out in the world and make it your own  
so you could come back with  
that flame in your voice, saying listen...  
this warmth, this unbearable light, this fearful love...  
It is all here, it is all here.*

*- David Whyte*

For thousands of years, earth-based initiation practices have been cultivated as vital elements in the nourishment and survival of the human community. Initiated men and women, who have aligned their hearts and souls with the Great Mother, bring to their people gifts of wisdom, love, perseverance, and a profound honoring of nature and spirit. Today, we see the devastating effects—personally and collectively—from the forgetting of our wild, deep, roots. In this day-long exploration, we will gather together upon the earth for the remembering and the making of soul.

In our small group format, we will discuss initiation, rites of passage, and the medicine wheel teachings of the Four Shields of Human Nature. You will have significant solo time upon the land to experientially explore these themes with a focused, personal intent. We will gather again in council to hear your stories and to practice ‘mirroring’, as a way to deepen and empower your unique relationships with the wild medicine gifts from nature. We will allow time to discuss how you might creatively apply these practices to your own life and work.

**Cynthia Morrow**, MA, MFT, is a depth and body-centered psychotherapist, a biodynamic craniosacral practitioner, and a wilderness rites of passage guide with EarthWays. Her work is informed by the language and the movements of wild nature, inner and outer, that whisper their secrets of life, wisdom, love, and mystery. She has trained with School of Lost Borders and is certified in Wilderness First Aid. Her web address is [www.natureofsoul.com](http://www.natureofsoul.com). Cynthia can be reached at 415-221-6373, or [cynthia@natureofsoul.com](mailto:cynthia@natureofsoul.com) for information and registration.

**Vanessa Eyen**, MA, has her masters degree in Outdoor Education and Community Counseling, a bachelors degree in Psychology, and has yoga teacher and wilderness first responder certifications. Passionate about fostering a connection to the natural world, she worked as a teacher, program director and trainer for outdoor environmental education companies for eight years. Specializing in nature based counseling she was the teacher assistant for the undergraduate classes *Ecopsychology* and *Dreams Myths and Symbols* with Mary Gomes at Sonoma State University. Vanessa can be reached at 707-332-8906, or [vanessa\\_eyen@hotmail.com](mailto:vanessa_eyen@hotmail.com) for information and registration.