# CYNTHIA MORROW

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## CURRICULUM VITAE

### LICENSURE

June 2000 Marriage and Family Therapist (MFC 36737)

### EDUCATION

1991-1995 Master of Arts, Counseling Psychology. **California Institute of Integral Studies**

1986-1990 Bachelors of Arts, Psychology. **University of California, Santa Cruz**

### PSYCHOTHERAPY EXPERIENCE

2000-present **Private Practice**, San Francisco/Sebastopol, CA.
*Licensed Marriage and Family Therapist:* Provides direct psychotherapy services to adult individuals, couples, and groups. Integrates psychodynamic, somatic, transpersonal/spiritual, and eco-psychological models of development and healing. Provides clinical supervision for MFT interns. Works with issues of depression, anxiety, trauma, eating disorders, attachment/relational issues, and spiritual emergence.

1999-2001 **Clement Street Counseling Center**, S.F., CA.
*Administrative Manager*. Led weekly clinical orientation groups for new trainees. Facilitated group dynamics. Worked with Clinical Director in managing all administrative tasks involved in running the center. Currently named Center for Somatic Psychotherapy.

1998-2000 **Private Practice Internship**, S.F., CA.
*M.F.T. Intern*: Provided direct psychotherapy treatment to individuals, couples, and children presenting with a broad range of psychological issues. Practiced from a psychodynamic base with an eclectic array of therapeutic modalities.

1998-1999 **Raphael House**, S.F., CA.
*M.F.T. Intern*: Provided direct treatment to children afflicted with homelessness. Assisted with the after-school program, providing structure and support in academics, art, socialization, and individual and group play therapy. Attended regular inservice trainings on the Waldorf/anthroposophical model of child development, with emphasis on structure, modeling, and the creative process.

1996-1998 **Center for Psychological Services**, S.F., CA.
*M.F.C.C. Intern*: Provided direct psychotherapy treatment to individuals, couples, and children. Attended regular supervision sessions and inservice trainings which focused on psychodynamic theory, play therapy, and couples work.

1994-1995 **New Perspectives Center for Counseling**, S.F., CA.
*M.F.C.C. Intern*: Provided direct treatment to individuals seeking help with relationship issues, depression, substance abuse, and individuation issues. Received trainings on Jung, Milton Erickson, object relations theory, and family systems theory.

1993-1994 **Integral Counseling Center**, Church Street, S.F., CA.
*M.F.C.C. Trainee*: Provided direct treatment to individuals and couples with relationship issues, sexual abuse, eating disorders, and depression. Received training in Gestalt therapy.

## ECOPSYCHOLOGY EXPERIENCE

2009 **Four Seasons of the Heart DayQuest**, Sonoma County, CA.
Co-facilitated with Sara Harris. Full day experiential on the earth as final ceremony for her year-long group.

2009 **Spring Equinox Ceremony**, Sonoma County, CA.
Co-facilitated with Susan Kistin through EarthWays. Full day earth-based passage rite.

2009 **Ecopsychology Talk**, JFK University, Pleasant Hill, CA.
Given with Sara Harris.

2008 **Wilderness Vision Quest for Women**, Lassen Volcanic National Park, CA.
Co-facilitated with Sara Harris through EarthWays. A 9-day experiential rite of passage, with 4-day/night solo fast. Included preparation in physical plane, personal intent, four shields teachings, and mirroring stories for empowerment.

2008 **Fall Equinox Ceremony**, Marin County, CA.
Earth-based ceremony with private women's group.

2008 **Awakening the Wild Heart of the Healer**, West Marin, CA.
Co-facilitated with Dave Talamo. A 4-part series of day-long experiential trainings in eco-therapy for healing arts practitioners. Spring series.

2007 **Awakening the Wild Heart of the Healer**, West Marin, CA.
Fall series.

2007 **Wilderness Vision Quest for Women**, Sonoma County, CA.
Co-facilitated with Sara Harris. A 5-day experiential rite of passage, with 2-day/night solo fast.

2007 **Four Shields of Woman**, West Marin and Sonoma Counties, CA.
Co-facilitated with Annie Deichmann. A 4-part series of day-long experiential trainings in ecopsychology for psychotherapy interns. Included 1 overnight.

2007 **Holos Institute**, West Marin, CA.
Eco-therapy half-day experiential training for Holos interns.

2006 **Holos Institute**, S.F., CA.
*Honoring the Wheel of Life: A Day of Ceremony in Nature.* Ecopsychology experiential practice.

2006 **School of Lost Borders**, Big Pine, CA.
*Vision Quest Guide.* Co-led spring vision fast as part of mentorship program. Eureka Valley basecamp for participants' 4-day/night solo fast.

2004-2006 **Holos Institute**, Oakland, CA.
*Nature Therapy Coordinator*: Created and implemented public offerings in eco-psychology. Guided day-long earth-based workshops.

2005 **School of Lost Borders**, Big Pine, CA.
*Vision Quest Apprentice/Assistant.* Assisted with SLB's spring fast and summer women's fast.

## CLINICAL SUPERVISOR

2008-2009 **Integral Counseling Center**, Church St., S.F., CA. Individual supervision.

2004-present **Holos Institute**, Oakland & S.F., CA. Individual and occasional group supervision.

2003-present **Center for Somatic Psychotherapy**, S.F., CA. Individual supervision.

2006-2007 **Earth Circles**, Oakland, CA. Individual supervision.

2005-2006 **Center for Somatic Psychotherapy**, S.F., CA. Weekly supervision group.

2004-2005 **Marina Counseling Center**, S.F., CA. Individual supervision.

2002-2003 **Sophia Project**, Oakland, CA. Individual supervision.

## CLINICAL TRAININGS GIVEN

Dec. 2004 **Holos Institute**, Oakland, CA. *Reclaiming the Temple: An Integrative Approach to Healing from the Effects of Trauma.*

Mar. 2003 **Woman Inc.**, S.F., CA. *Eating Disorders: Assessment and Treatment.*

Feb. 2002 **Woman Inc.**, S.F., CA. *Eating Disorders: Assessment and Treatment.*

Jun. 2001 **New Perspectives Center for Counseling**, S.F., CA. *Trauma & the Body.*

Jul. 2000 **Clement Street Counseling Center**, S.F., CA. *Trance: Shamanic Journeying & the Creative Use of Dissociation.*

Mar. 2000 **Clement Street Counseling Center**, S.F., CA. *Red Flag Issues in Psychotherapy.*

## CONTINUING EDUCATION (received)

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| 2007-2008 | Biodynamic Cranial Touch with Charles Ridley: Year-long Certification Course |
| 2008 | Rosen Method Bodywork Training: 2 week-long intensives |
| 2004-2007 | School of Lost Borders: Eco-therapy and Wilderness Passage Rites |
| 2006 | Wilderness First Aid Certification with Wilderness Medicine Institute |
| 2000-2006 | Shamanism and Psychotherapy: consultation group with Jan Edl Stein |
| 2004 | Somatic Experiencing Method for trauma resolution: consultation group with Ariel Giarretto and Julia Gombos |
| 2002 | Bill Bowen: Psycho-physical Therapy |
| 2001-02 | Sensorimotor Psychotherapy Institute-- 6 month Trauma Resolution training-- 42 CEUs |
| 2001 | Milton Erickson Conference: Foundational Track in Hypnosis—21 CEUs |
| 2001 | The Couples Conference-- Love & Intimacy-- 17 CEUs |

## PREVIOUS COUNSELING EXPERIENCE

1991 **Tempcare**, San Mateo, CA. On-call teaching assistant for various Bay Area pre-schools. Supervised children in early childhood education settings.

1989-1990 **Listen Foundation**, Felton, CA. Counselor at a non-profit, behavior modification based residential care facility for children and adolescents with autism and other severe emotional and behavioral disorders.

1988-1989 **C. Thomas Foundation**, Sunnyvale, CA. Counselor at a non-profit educational and residential treatment facility for children and adults with autism and other severe developmental disabilities.

## VOLUNTEER EXPERIENCE

1991 **San Mateo Battered Women's Services**, San Mateo, CA. Crisis line counselor/advocate.

1990 **Soquel Elementary School**, Soquel, CA. Teaching assistant, special education for emotionally disturbed youth.

## EXTRACURRICULAR ACTIVITIES

- Life-long practice in various forms of dance/movement
- 20 years of the practice of yoga
- Various Creative Arts modalities
- 15 years of study and practice in shamanism and indigenous healing traditions
- Life-time of integrating East Asian and Western cultural and spiritual traditions